

# **B.A. in Psychology**

The B.A. in Psychology acquaints students with many of the key concepts, theories, principles, trends, and applications of ideas in the field of psychology today. The program prepares graduates for entry-level positions in many people-helping careers in the mental health, social services, and related fields. Students who complete this degree with the required GPA will have met the basic academic requirements for Bethel's graduate degrees in counseling or marriage and family therapy.

## **Program Goals**

Upon completion of the psychology program, students will:

- Describe key concepts, principles, and overarching themes in psychology.
- Interpret basic psychological research.
- Apply ethical standards to evaluate psychological science and practice.
- Demonstrate effective writing for different purposes.
- Apply psychological content and skills to career goals.
- Engage in constructive dialogue, acquiring a greater understanding of how faith and psychology each informs the other and the tensions that exist between the two.

## **Admission Requirements**

The psychology major will consider applicants who:

- Meet the general requirements for admission to the College of Adult & Professional Studies.
- Have a combined cumulative GPA of 2.0 or higher on a 4.0 scale on previous academic work.
- Have a transcript evaluation completed to determine which, if any, outstanding course requirements or needed credits must be fulfilled.

Students who have not achieved the minimum GPA, grade standards, or other assessment criteria may still apply to be considered for provisional acceptance. See *Admission Categories*.

## Program Requirements

The required curriculum for the psychology major comprises a 45 semester credit sequence of courses to be taken consecutively throughout the calendar year. For course sequence, request a program calendar from the College of Adult & Professional Studies.

Code	Title	Credits
<a href="#">PSYC 100</a>	Introduction to Psychology	3
<a href="#">PSYC 305</a>	Lifespan Development	3
<a href="#">PSYC 320</a>	Social Psychology	3
<a href="#">PSYC 335</a>	Introduction to Statistics	3
<a href="#">PSYC 340</a>	Abnormal Psychology	3
<a href="#">PSYC 360</a>	History of Psychology	3
<a href="#">PSYC 370</a>	Disabilities and Giftedness	3
<a href="#">PSYC 380</a>	Motivation and Emotion	3
<a href="#">PSYC 400</a>	Research Methods	3
<a href="#">PSYC 410H</a>	Principles of Counseling and Psychotherapy	3
<a href="#">PSYC 430</a>	Advanced Psychopathology	3
<a href="#">PSYC 435</a>	Families in Cross-Cultural Perspective	3
<a href="#">PSYC 450</a>	Introduction to Addictions Counseling	3
<a href="#">PSYC 480</a>	Psychology Internship and Seminar (100 hours) <sup>1</sup>	3
<a href="#">PSYC 490</a>	Senior Seminar <sup>1</sup>	3
<b>Psychology Major Total</b>		<b>45</b>
<b>General Education, Core Distinctives, and Elective Courses</b>		<b>77</b>
<b>Total Credits</b>		<b>122</b>

<sup>1</sup> Course must be taken for credit at Bethel.

## Course Descriptions

**PSYC 100 • Introduction to Psychology** 3 Credits.  
Methods, theories, and principal findings of psychological investigation.

**PSYC 305 • Lifespan Development** 3 Credits.  
Physical, cognitive, emotional, social, moral, and spiritual development from conception to death. Includes a consistent focus on individual differences.  
*Prerequisites: PSYC 100. Fulfills: CAPS Goal Area 5. Special Notes: Enrollment is open to students with sophomore class standing and above. Cross-listed with HUSE 305.*

**PSYC 320 • Social Psychology** 3 Credits.  
Behavior and experience of individuals and groups in relation to other individuals and groups. Theory, method, and findings in areas such as conformity, persuasion, social cognition, attraction, altruism, aggression, prejudice, group behavior, and applied topics.  
*Prerequisites: PSYC 100. Special Notes: Enrollment is open to students with sophomore class standing and above.*

**PSYC 335 • Introduction to Statistics** 3 Credits.  
Basic descriptive, correlational, and inferential statistics will be covered. As time permits, more advanced topics of ANOVA, multiple regression, ANCOVA, meta-analysis, and factor analysis will be introduced. Learners will perform analyses using a computerized statistical package, and primary emphasis will be placed on understanding the concepts and interpreting results correctly.  
*Fulfills: CAPS Goal Area 4. Special Notes: Enrollment is open to students with sophomore class standing and above. Cross-listed with PSYC 335.*

**PSYC 340 • Abnormal Psychology** 3 Credits.  
Classification, causes, symptoms, and treatment of various forms of psychopathology. Analysis of Christian and secular perspectives of psychopathology and a survey of some major issues in the field of mental health.  
*Prerequisites: PSYC 100.*

**PSYC 360 • History of Psychology** 3 Credits.  
Historical roots of contemporary psychology. Focus is on the influence of historical trends, people, and events on the evolution of psychological questions, constructs, methods, and issues.  
*Prerequisites: PSYC 100.*

**PSYC 370 • Disabilities and Giftedness** 3 Credits.  
Focus on the development of individuals with disabilities and giftedness from a lifespan perspective. Cognitive, physical, emotional, and sociocultural variables relevant to developmental delay; giftedness; learning disabilities; physical, sensory, and communication disabilities; emotional disturbance; and multiple disabilities. Critical

analysis of psychosocial educational interventions. Service learning with those with disabilities.

*Prerequisites:* PSYC 340.

**PSYC 380 • Motivation and Emotion** 3 Credits.

How biological, environmental, cognitive, emotional, and personal systems interact to initiate and direct human behavior. How experimental psychologists study emotional and motivational systems.

*Prerequisites:* HUSE 335/PSYC 335. *Fulfills:* CAPS Goal Area 5.

**PSYC 400 • Research Methods** 3 Credits.

Introduction to quantitative and qualitative research designs. Designed as a project-based course, with particular attention to program evaluation and action research, learners will construct an applied research proposal.

*Prerequisites:* HUSE 335/PSYC 335. *Fulfills:* CAPS Goal Area 2 and CAPS Goal Area 5.

*Special Notes:* Concurrent registration with HUSE 405 recommended. Cross-listed with HUSE 400.

**PSYC 410H • Principles of Counseling and Psychotherapy** 3 Credits.

Introduction and analysis of major therapy systems from Christian and secular perspectives, basic counseling techniques, and current ethical issues facing the counseling professions. Designed for students planning graduate study in human services.

*Prerequisites:* PSYC 340. *Fulfills:* CAPS Goal Area 6.

**PSYC 430 • Advanced Psychopathology** 3 Credits.

Explores issues pertaining to the nature and occurrence of psychological disorders, including classification, cultural context, developmental considerations, etiology, and treatment. Critical evaluation of contemporary theory and research, including conceptualizations, methodologies, and statistical approaches.

*Prerequisites:* PSYC 410H. *Fulfills:* CAPS Goal Area 5.

**PSYC 435 • Families in Cross-Cultural Perspective** 3 Credits.

Contemporary, historical, and cross-cultural, predominantly non-Western perspective on a variety of family systems and the people living in them. Values and assumptions underlying these systems, roles, intergenerational relationships, identity formation, and developmental tasks. Multicultural aspects of chemical dependency.

*Fulfills:* CAPS Goal Area 5. *Special Notes:* Cross-listed with HUSE 435.

**PSYC 450 • Introduction to Addictions Counseling** 3 Credits.

Examination of addiction from a variety of perspectives and evaluation of the twelve core functions of an addictions counselor. Description of the process of change in the context of the continuum of care. Cultivation of a personal philosophy around spirituality and addiction.

*Fulfills:* CAPS Goal Area 5. *Special Notes:* Cross-listed with HUSE 450.

**PSYC 480 • Psychology Internship and Seminar (100 hours) 3 Credits.**

Explores issues pertaining to the nature and occurrence of psychological disorders, including classification, cultural context, developmental considerations, etiology, and treatment. Critical evaluation of contemporary theory and research, including conceptualizations, methodologies, and statistical approaches.

*Prerequisites: PSYC 335/HUSE 335, PSYC 400/HUSE 400, PSYC410. Grade exceptions: Graded on an S/U basis.*

**PSYC 490 • Senior Seminar 3 Credits.**

Foundational issues in psychology and the interface of psychology, Christianity, and other disciplines. Includes an in-depth individual writing project.

*Prerequisites: PSYC 335/HUSE 335, PSYC 400/HUSE 400, PSYC410. Fulfills: CAPS Goal Area 2.*