

Employee Assistance Program (EAP)



Group name: Bethel University

Available when you are enrolled in Group Term Life Insurance coverage through Voya, Employee Assistance Program (EAP) services are offered by Bethel University and provide confidential solutions to life's challenges at no additional cost to you.



Confidential Emotional Support

Our highly trained clinicians are available for counseling, in person or via telehealth sessions up to Unlimited visits. Find assistance for anxiety, depression, grief and life adjustments, relationship conflicts, and more.



FamilySource®

Receive qualified referrals and resources from our specialists for finding child and elder care, hiring movers or home repair contractors, planning events, locating pet care, and more.



LegalConnect®

Talk to our attorneys for practical assistance with your most pressing legal issues, including divorce, adoption, family law, wills, trusts and more. Need representation? Get a free 30-minute consultation and a 25% reduction in fees.



FinancialConnect®

Our financial experts can assist with a wide range of topics such as retirement and tax planning, mortgages, budgeting, debt, bankruptcy, and more.

Support anywhere, anytime

To access your EAP services 24/7, as well as articles, podcasts, and videos, you can visit: guidanceresources.com and use Web ID: **My5848i**

Download the mobile app from the Apple App Store or Android Google Play Store by searching **Guidance NowSM**.

For assistance, please call **877-533-2363** or **800-697-0353** for TTY

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