

B.A. in Athletic Training Enhanced Academic Plan

B.A. in Athletic Training 2018-2019: Option 1 - CWILT

Recommended Courses				
Fall Semester 1	Interim Semester 1	Spring Semester 1	Career Planning and Preparation	R.E.A.L. Experience
BIO 104 & BIO 104D *2,*4 Human Biology and Human Biology Lab or BIO 120 & BIO 121 *2,*4 Introduction to Molecular and Cellular Biology and Introduction to Molecular and Cellular Biology Lab or BIO 122 & BIO 122D *2,*4 Introduction to Organismic Biology and Introduction to Organismic Biology Lab BIB 101 Introduction to the Bible HAS 120 First Aid GES 160 Inquiry Seminar Second Language (S) course*1	HAS 170 Applied Nutrition	GES 125 Introduction to the Creative Arts GES 130 Christianity Western Culture GES 140 Introduction to Wellbeing PEA 118Q Beginning Weight Training PSY 100 Introduction to Psychology	<u>PHASE 1: EXPLORE</u> <i>Explore self, careers, & God's call</i> Take a Career Assessment Research Careers: O*Net, Candid Careers, & informational interviews w/ Alums Gain Experience: Part-time job; Campus Involvement (e.g. student club); Volunteering	Create your R.E.A.L. Portfolio Consider joining Bethel University Student Athletic Training Society (BUSATS) or another club or ministry of interest Consider finding a mentor
14	3	14		
MILESTONES: Consider study abroad options				
Recommended Courses				
Fall Semester 2	Interim Semester 2	Spring Semester 2	Career Planning and Preparation	R.E.A.L. Experience
BIO 214 & BIO 215 Human Anatomy and Human Anatomy Lab HAS 279*3 Introduction to Athletic Training THE 201 Christian Theology Elective Artistic Experience (A) course	World Cultures (U) course	BIO 216 & BIO 217 Human Physiology and Human Physiology Lab HAS 250M Statistics and Research Methods in Applied Health Sciences HAS 325*3 Prevention and Care of Athletic Injuries Contemporary Western Life and Thought (L) course	<u>PHASE 1&2: EXPLORE/EXPERIENCE</u> <i>Finalize major if necessary & begin gaining experience</i> Create/update Resume & LinkedIn Build professional network (e.g. informational interviews) Attend Spring Career Fair Obtain Internship or relevant job by summer	Continue adding artifacts and reflections to your R.E.A.L. Portfolio. Consider taking a leadership position with a student club. Consider going on a spring break mission trip.
12-15	3	13		
MILESTONES: Consider doing an online course over the summer				
Recommended Courses				
Fall Semester 3	Interim Semester 3	Spring Semester 3	Career Planning and Preparation	R.E.A.L. Experience
HAS 332*3 Advanced Athletic Training - Lower Extremity HAS 351*3 Therapeutic Interventions I HAS 375 Biomechanics Comparative Systems (G) course Interpreting Biblical Themes (J) course HAS 335*3 Clinical Experience in Athletic Training I	HAS 336*3 Clinical Experience in Athletic Training II	HAS 333*3 Advanced Athletic Training - Upper Extremity HAS 352*3 Therapeutic Interventions II HAS 360*3 Advanced Emergency Care HAS 379 Integrative Human Physiology HAS 337*3 Clinical Experience in Athletic Training III Elective	<u>PHASE 2: EXPERIENCE</u> <i>Use experiences to narrow down career choice & develop relevant skills</i> Participate in Fall & Spring Recruiting to obtain an internship Schedule a Mock Interview Explore Grad Schools & Take Entrance Exams (e.g. GRE) if necessary Expand Professional Network	Review your R.E.A.L. Portfolio and prepare to make it public. Consider studying abroad. Consider applying for a Student Leadership Position in Student Life. Consider being a TA for a favorite class.
16	1	16		
MILESTONE: A minimum 3.2 GPA in your major is a good goal to strive for				
Recommended Courses				
Fall Semester 4	Interim Semester 4	Spring Semester 4	Career Planning and Preparation	R.E.A.L. Experience
HAS 331*3 Organization and Administration of Athletic Training HAS 386*3 Pathology and Medical Conditioning HAS 453*3 Therapeutic Interventions III HAS 436*3 Clinical Experience in Athletic Training IV Science, Technology, and Society (K) course Cross-Cultural Experience (Z) course	Interim Off	HAS 439*3 Clinical Experience in Athletic Training V HAS 478*3 Senior Seminar in Athletic Training Contemporary Christian Issues (P) course Electives	<u>PHASE 3: EXECUTE</u> <i>Execute an effective job or grad school search</i> Participate in Fall and Spring Recruiting Apply for Graduate School if necessary Expand Professional Network	Continue updating your public R.E.A.L. Portfolio with relevant experiences and reflection. Consider mentoring an underclassman.
13-16	0	15		
Total Credits: 122-128				
1. Students must complete through the second semester of a first year language course or equivalent (Check the catalog for details of this option.)				
2. This program assumes a student will use BIO 104/BIO 104D or BIO 122/BIO 122D , HAS 250M, and PEA 118Q to fulfill the Laboratory Science, Mathematics, and Leisure and Lifetime Sports (Q) general education requirements.				
3. Must be completed in residence at Bethel University.				
4. Students who are interested in pre-physical therapy should take PHY 202/PHY 202D Introductory Physics I, and BIO 120/BIO 121 Introduction to Molecular and Cellular Biology, or BIO 122/BIO 122D Introduction to Organismic Biology.				
Most financial aid packages stipulate 12 credits/semester; Minnesota state grants are reduced when credit load falls below 15 credits/semester. (Interim credits may be split between fall and spring for state grant purposes only.)				

B.A. in Athletic Training Enhanced Academic Plan

B.A. in Athletic Training 2018-2019: Option 2 - Humanities

Recommended Courses					Career Planning and Preparation		R.E.A.L. Experience
Fall Semester 1	Interim Semester 1	Spring Semester 1					
BIO 104 & BIO 104D *2,*4 Human Biology and Human Biology Lab or BIO 120 & BIO 121 *2,*4 Introduction to Molecular and Cellular Biology and Introduction to Molecular and Cellular Biology Lab or BIO 122 & BIO 122D *2,*4 Introduction to Organismic Biology and Introduction to Organismic Biology Lab HAS 120 First Aid GES 145 Humanities I: Greco-Roman through Middle Ages Second Language (S) course*1	GES 147 Humanities II: Renaissance and Reformation	PSY 100 Introduction to Psychology GES 140 Introduction to Wellbeing GES 244 Humanities III: European Enlightenment and American Culture to 1877 BIB 101 Introduction to the Bible Leisure and Lifetime Sports (Q) course			PHASE 1: EXPLORE <i>Explore self, careers, & God's call</i> Take a Career Assessment Research Careers: O'Net, Candid Careers, & informational interviews w/ Alums Gain Experience: Part-time job; Campus Involvement (e.g. student club); Volunteering		Create your R.E.A.L. Portfolio Consider joining a club or ministry of interest Consider finding a mentor
13	4	14					
MILESTONES: Consider study abroad options							
Recommended Courses					Career Planning and Preparation		R.E.A.L. Experience
Fall Semester 2	Interim Semester 2	Spring Semester 2					
HAS 279*3 Introduction to Athletic Training BIO 214 & BIO 215 Human Anatomy and Human Anatomy Lab GES 246 Humanities IV: Modern and Contemporary Western Culture PEA 118Q Beginning Weight Training Elective Artistic Experience (A) course	World Cultures (U) Course	BIO 216 & BIO 217 Human Physiology and Human Physiology Lab HAS 325*3 Prevention and Care of Athletic Injuries HAS 250M Statistics and Research Methods in Applied Health Sciences HAS 170 Applied Nutrition			PHASE 1&2: EXPLORE/EXPERIENCE <i>Finalize major if necessary & begin gaining experience</i> Create/update Resume & LinkedIn Build professional network (e.g. informational interviews) Attend Spring Career Fair Obtain Internship or relevant job by summer		Continue adding artifacts and reflections to your R.E.A.L. Portfolio. Consider taking a leadership position with a student club. Consider going on a spring break mission trip.
14-17	3	13					
MILESTONES: Consider doing an online course over the summer							
Recommended Courses					Career Planning and Preparation		R.E.A.L. Experience
Fall Semester 3	Interim Semester 3	Spring Semester 3					
HAS 332*3 Advanced Athletic Training - Lower Extremity HAS 351*3 Therapeutic Interventions I HAS 375 Biomechanics HAS 335*3 Clinical Experience in Athletic Training I Comparative Systems (G) course Interpreting Biblical Themes (J) course	HAS 336*3 Clinical Experience in Athletic Training II	HAS 333*3 Advanced Athletic Training - Upper Extremity HAS 352*3 Therapeutic Interventions II HAS 379 Integrative Human Physiology HAS 360*3 Advanced Emergency Care HAS 337*3 Clinical Experience in Athletic Training III Elective			PHASE 2: EXPERIENCE <i>Use experiences to narrow down career choice & develop relevant skills</i> Participate in Fall & Spring Recruiting to obtain an internship Schedule a Mock Interview Explore Grad Schools & Take Entrance Exams (e.g. GRE) if necessary Expand Professional Network		Review your R.E.A.L. Portfolio and prepare to make it public. Consider studying abroad. Consider applying for a Student Leadership Position in Student Life. Consider being a TA for a favorite class.
16	1	16					
MILESTONE: A minimum 3.2 GPA in your major is a good goal to strive for							
Recommended Courses					Career Planning and Preparation		R.E.A.L. Experience
Fall Semester 4	Interim Semester 4	Spring Semester 4					
HAS 331*3 Organization and Administration of Athletic Training HAS 386*3 Pathology and Medical Conditioning HAS 453*3 Therapeutic Interventions III HAS 436*3 Clinical Experience in Athletic Training IV Science, Technology, and Society (K) course Cross-Cultural Experience (Z) course	Interim Off	HAS 439*3 Clinical Experience in Athletic Training V HAS 478*3 Senior Seminar in Athletic Training Contemporary Christian Issues (P) course Electives			PHASE 3: EXECUTE <i>Execute an effective job or grad school search</i> Participate in Fall and Spring Recruiting Apply for Graduate School if necessary Expand Professional Network		Continue updating your public R.E.A.L. Portfolio with relevant experiences and reflection. Consider mentoring an underclassman.
13-16	0	15					
Total Credits: 122-128							
1. Students must complete through the second semester of a first year language course or equivalent (Check the catalog for details of this option.)							
2. This program assumes a student will use BIO 104/BIO 104D or BIO 122/BIO 122D, HAS 250M, and PEA 118Q to fulfill the Laboratory Science, Mathematics, and Leisure and Lifetime Sports (Q) general education requirements.							
3. Must be completed in residence at Bethel University.							
4. Students who are interested in pre-physical therapy should take PHY 202/PHY 202D Introductory Physics I, and BIO 120/BIO 121 Introduction to Molecular and Cellular Biology, or BIO 122/BIO 122D Introduction to Organismic Biology.							
Most financial aid packages stipulate 12 credits/semester; Minnesota state grants are reduced when credit load falls below 15 credits/semester. (Interim credits may be split between fall and spring for state grant purposes only.)							