

# B.A. in Health Education 5-12 Enhanced Academic Plan

## B.A. in Health Education 5-12 (2018-2019): Option 1 - CWILT

Recommended Courses				
Fall Semester 1	Interim Semester 1	Spring Semester 1	Career Planning and Preparation	R.E.A.L. Experience
BIB 101 Introduction to the Bible	GES 125 Introduction to the Creative Arts	BIO 104 & BIO 104D Human Biology and Human Biology Lab	<b>PHASE 1: EXPLORE</b>	Create your R.E.A.L. Portfolio
Mathematics (M)		HAS 120 First Aid	<i>Explore self, careers, &amp; God's call</i>	Consider joining a club or ministry of interest
GES 130 Christianity Western Culture		GES 140 Introduction to Wellbeing	Take a Career Assessment	Consider finding a mentor
GES 160 Inquiry Seminar		HAS 130 Personal and Community Health	Research Careers: O*Net, Candid Careers, & informational interviews w/ Alums	
		Elective	Gain Experience: Part-time job; Campus Involvement (e.g. student club); Volunteering	
<b>13</b>	<b>4</b>	<b>14</b>		

**MILESTONES: Consider study abroad options**

Recommended Courses				
Fall Semester 2	Interim Semester 2	Spring Semester 2	Career Planning and Preparation	R.E.A.L. Experience
EDU 200*2 Introduction to Education	EDU 201 Introduction to Education Field Experience	BIO 238 & BIO 239 Human Anatomy and Physiology and Human Anatomy and Physiology Lab	<b>PHASE 1&amp;2: EXPLORE/EXPERIENCE</b>	Continue adding artifacts and reflections to your R.E.A.L. Portfolio.
GES 125 Introduction to the Creative Arts		GES 208 Human Sexuality	<i>Finalize major if necessary &amp; begin gaining experience</i>	Consider taking a leadership position with a student club.
THE 201 Christian Theology		Contemporary Western Life and Thought (L) course	Create/update Resume & LinkedIn	Consider going on a spring break mission trip.
Second Language (S) course*1		Leisure and Lifetime Sports (Q) course	Build professional network (e.g. informational interviews)	
World Cultures (U) course*3		Elective	Attend Spring Career Fair	
<b>17</b>	<b>1</b>	<b>14</b>	Obtain Internship or relevant job by summer	

**MILESTONES: Consider doing an online course over the summer**

Recommended Courses				
Fall Semester 3	Interim Semester 3	Spring Semester 3	Career Planning and Preparation	R.E.A.L. Experience
HAS 345 (fall, odd years) Disease and Injury Control	Interpreting Biblical Themes (J) course	EDU 317GZ Educational Equity	<b>PHASE 2: EXPERIENCE</b>	Review your R.E.A.L. Portfolio and prepare to make it public.
EDU 220 Introduction to Middle Level Education		EDU 320 Pedagogy and the Young Adolescent Learner	<i>Use experiences to narrow down career choice &amp; develop relevant skills</i>	Consider studying abroad.
EDU 240 Educational Psychology		EDU 321 Integrated Literacy in the Content Areas	Participate in Fall & Spring Recruiting to obtain an internship	Consider applying for a Student Leadership Position in Student Life.
EDU 241 Educational Psychology Field Experience		HAS 314 Foundations, Administration, and Evaluation of Health Education	Schedule a Mock Interview	Consider being a TA for a favorite class.
Science, Technology, and Society (K) course		HAS 340 School Health and Drug Issues	Explore Grad Schools & Take Entrance Exams (e.g. GRE) if necessary	
Elective		Elective	Expand Professional Network	
<b>14</b>	<b>3</b>	<b>15</b>		

**MILESTONES: A minimum 3.2 GPA in your major is a good goal to strive for**

Recommended Courses				
Fall Semester 4	Interim Semester 4	Spring Semester 4	Career Planning and Preparation	R.E.A.L. Experience
HAS 318 (fall, even years) Epidemiology	Interim Off	EDU 490 Student Teaching Block	<b>PHASE 3: EXECUTE</b>	Continue updating your public R.E.A.L. Portfolio with relevant experiences and reflection.
EDU 422 Curriculum and Methods of 5-12 Health Education			<i>Execute an effective job or grad school search</i>	Consider mentoring an underclassman.
EDU 423 Middle Level Education Practicum in Health			Participate in Fall and Spring Recruiting	
Contemporary Christian Issues (P) course			Apply for Graduate School if necessary	
Elective			Expand Professional Network	
<b>13</b>	<b>0</b>	<b>14</b>		

**Total Credits: 122**

1. Students must complete through the second semester of a first year language course or equivalent. A student may not take LIN300 until the language sequence is complete. LIN300 is a fall-only course.

2. MN basic skills tests (MTLE) required for full admission to the Education Department.

3. The Education Department offers an interim trip that meets the U requirement- EDU 236UZ or EDU 204UZ

This program assumes that a student will use BIO 104D and EDU 317GZ to meet the general education Laboratory Science (D), Comparative Systems (G) and Math requirements.

Most financial aid packages stipulate 12 credits/semester; Minnesota state grants are reduced when credit falls below 15 credits/semester. (Interim credits may be split between fall and spring for state grant purposes only.)

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B.A. in Health Education 5-12 (2018-2019): Option 2 - Humanities				
Recommended Courses				
Fall Semester 1	Interim Semester 1	Spring Semester 1	Career Planning and Preparation	R.E.A.L. Experience
GES 145 Humanities I: Greco-Roman through Middle Ages	GES 147 Humanities II: Renaissance and Reformation	BIO 104 & BIO 104D Human Biology and Human Biology Lab	<b>PHASE 1: EXPLORE</b>	Create your R.E.A.L. Portfolio
BIB 101 Introduction to the Bible		HAS 120 First Aid	<i>Explore self, careers, &amp; God's call</i>	Consider joining a club or ministry of interest
Mathematics (M)		HAS 130 Personal and Community Health	Take a Career Assessment	Consider finding a mentor
GES 140 Introduction to Wellbeing		GES 244 Humanities III: European Enlightenment and American Culture	Research Careers: O*Net, Candid Careers, & informational interviews w/ Alums	
<b>13</b>		<b>4</b>	Gain Experience: Part-time job; Campus Involvement (e.g. student club); Volunteering	
<b>MILESTONES: Consider study abroad options</b>				
Recommended Courses				
Fall Semester 2	Interim Semester 2	Spring Semester 2	Career Planning and Preparation	R.E.A.L. Experience
Second Language (S) course*1	EDU 200*2 Introduction to Education	GES 208 Human Sexuality	<b>PHASE 1&amp;2: EXPLORE/EXPERIENCE</b>	Continue adding artifacts and reflections to your R.E.A.L. Portfolio.
GES 246 Humanities IV: Modern and Contemporary Western Culture	EDU 201 Introduction to Education Field Experience	BIO 238 & BIO 239 Human Anatomy and Physiology and Human Anatomy and Physiology Lab	<i>Finalize major if necessary &amp; begin gaining experience</i>	Consider taking a leadership position with a student club.
Electives		Leisure and Lifetime Sports (Q) course	Create/update Resume & LinkedIn	Consider going on a spring break mission trip.
World Cultures (U) course		Leisure and Lifetime Sports (Q) course	Build professional network (e.g. informational interviews)	
		Electives	Attend Spring Career Fair	
<b>17</b>		<b>4</b>	Obtain Internship or relevant job by summer	
<b>MILESTONES: Consider doing an online course over the summer</b>				
Recommended Courses				
Fall Semester 3	Interim Semester 3	Spring Semester 3	Career Planning and Preparation	R.E.A.L. Experience
HAS 345 (fall, odd years) Disease and Injury Control	Interpreting Biblical Themes (J) course	EDU 317GZ Educational Equity	<b>PHASE 2: EXPERIENCE</b>	Review your R.E.A.L. Portfolio and prepare to make it public.
EDU 220 Introduction to Middle Level Education		EDU 320 Pedagogy and the Young Adolescent Learner	<i>Use experiences to narrow down career choice &amp; develop relevant skills</i>	Consider studying abroad.
EDU 240 Educational Psychology		EDU 321 Integrated Literacy in the Content Areas	Participate in Fall & Spring Recruiting to obtain an internship	Consider applying for a Student Leadership Position in Student Life.
EDU 241 Educational Psychology Field Experience		HAS 314 Foundations, Administration, and Evaluation of Health Education	Schedule a Mock Interview	Consider being a TA for a favorite class.
Electives		HAS 340 School Health and Drug Issues	Explore Grad Schools & Take Entrance Exams (e.g. GRE) if necessary	
		Science, Technology, and Society (K) course	Expand Professional Network	
<b>15</b>		<b>3</b>		
<b>MILESTONES: A minimum 3.2 GPA in your major is a good goal to strive for</b>				
Recommended Courses				
Fall Semester 4	Interim Semester 4	Spring Semester 4	Career Planning and Preparation	R.E.A.L. Experience
HAS 318 (fall, even years) Epidemiology	Interim Off	EDU 490 Student Teaching Block	<b>PHASE 3: EXECUTE</b>	Continue updating your public R.E.A.L. Portfolio with relevant experiences and reflection.
EDU 422 Curriculum and Methods of 5-12 Health Education			<i>Execute an effective job or grad school search</i>	Consider mentoring an underclassman.
EDU 423 Middle Level Education Practicum in Health			Participate in Fall and Spring Recruiting	
Contemporary Christian Issues (P) course			Apply for Graduate School if necessary	
Elective			Expand Professional Network	
<b>12</b>		<b>0</b>		
<b>Total Credits: 123</b>				
1. Students must complete through the second semester of a first year language course or equivalent. A student may not take LIN300 until the language sequence is complete. LIN300 is a fall-only course.				
3. The Education Department offers and interim trip that meets the U requirement- EDU 236UZ				
This program assumes that a student will use BIO118D, GES217GZ, and math course to meet the general education Laboratory Science (D), Comparative Systems (G) and Math requirements.				
Most financial aid packages stipulate 12 credits/semester; Minnesota state grants are reduced when credit falls below 15 credits/semester. (Interim credits may be split between fall and spring for state grant purposes only.)				